Advance in Medicine is a fully-funded, five-day summer camp designed for high school and undergraduate students exploring careers in healthcare. Since its inception in 2022, the camp has focused on uplifting future healthcare professionals and emphasizing the importance of representation in medicine.

This year's program was led by directors Ses Yasumaru, Katelynne Au, and Eliette Seo, with support from dedicated faculty and second-year medical student volunteers. Planning began back in January 2025 and the directors were kept busy with coordinating volunteer schedules, ordering materials, promoting the camp, solidifying camp activities, and organizing meals. A conscious effort was made to support local businesses in Elk Grove and Sacramento, with catering provided by Duc Huong, Halal Shop, Bad Bakers, La Esperanza, Honu Hawaiian, and more!

When it came to recruiting camp attendees, applications were distributed through targeted outreach to high schools in the Elk Grove Unified School District, local community colleges, and nonprofits serving underrepresented youth. "We wanted to prioritize students who may not have had previous access to healthcare experiences or mentorship," said Eliette. "It's a privilege to be in this space as medical students, and we feel a responsibility to open the door for others."

The camp opened with a welcome in Room 1A—where medical students attend lectures—and each student received a stethoscope as part of their introduction to clinical learning. The goal was to provide a genuine glimpse into medical education and help students envision their place in the field.

Each day was packed with immersive, hands-on learning. A standout moment was the Mentorship Mixer, where students shared lunch with professionals across diverse fields including pharmacy, biomedical research, anatomy, cardiology, OB/GYN, surgery, education, and emergency and internal medicine. "It was incredibly heartwarming and moving to see so many passionate professionals come together to share their life stories with the campers and inspire them to explore careers in healthcare," said Ses.

Student favorites included the Suture Clinic, where they practiced stitching on pads and tangerines, and the Anatomy Dissection, featuring real sheep hearts to teach cardiac anatomy. "Watching our workshops come to life with the help of our medical student volunteers was incredibly rewarding. Seeing our campers' excitement to learn and enthusiasm for the material made all the preparation and planning feel truly worthwhile," said Katelynne.

On the final day, students participated in Code Blue, a dynamic simulation in which teams were assigned emergency response roles and tasked with treating coding "patients"—intubation mannequins on gurneys in the Simulation Lab. The surprise addition of megaphones and alarms added urgency and excitement as students raced through the halls in response.

The week concluded with a reflective and heartfelt closing ceremony, where participants and volunteers shared memories and celebrated the relationships, growth, and inspiration fostered throughout the program.

Advance in Medicine 2025 was not only a week of academic enrichment—it was a celebration of community, mentorship, and potential. The camp will continue to grow and change as new leadership steps in, but the mission will remain the same: to create an empowering space for the healthcare leaders of tomorrow.

A SPECIAL THANKYOU

We extend our deepest gratitude to the Northern California Education Fund for their incredibly generous donation. Your support has not only made this camp possible, but also helped ignite the dreams of future physicians, young minds who will one day change the world through compassion, curiosity, and care. This camp is a testament to your belief in their potential. This is for you, and because of you. Thank you!



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Sign

Camp Participant

Date: 4/30/2025



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X adhraaezzat

Sign
Camp Participant

Date: 04/25/25



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Shahira Fidai
Sign
Camp Participant
Atifa Fidai

Date: _5-24-25



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Sign

Camp Participant

Date: 5/16/25



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X WWW Luwee

Sign
Camp Participant

Date: 04/28/25



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Sign
Camp Participant

Date: May 9, 2025



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Alexandra Tkachenko

Sign
Camp Participant

Date: 05/24/25



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Sign
Camp Participant
Angelina Tran

Date: 4/28/2025



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X Alina Ventura Marid Dua

Sign Camp Participant

Date: 6/15/25



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Sign Camp Participant

Date: 05/12/25



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Sign

Camp Participant
Allen Xue

Date: June 2, 2025



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Sign
Camp Participant

Date: 6/6/2025



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INTEGRITY

Sign

Camp Participant

Date: May 6th, 2025



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X Sign Camp Participant 5/9/2025

Date:



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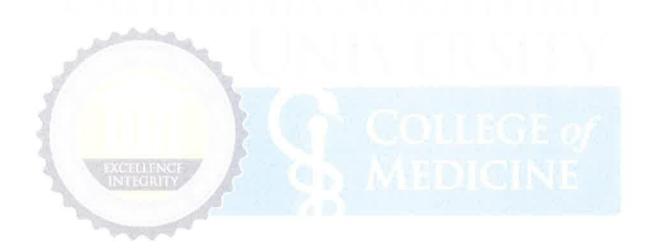
Sign
Camp Participant

Date: 05/09/25



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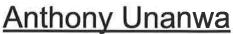
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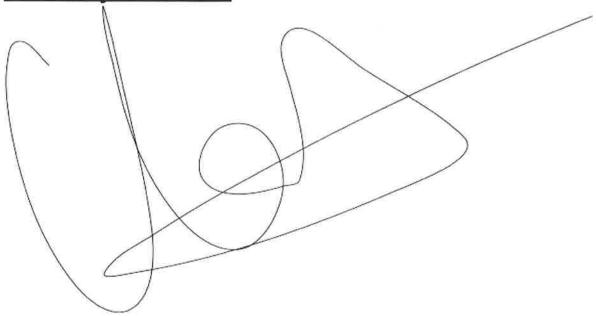


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Sign Camp Participant

Date: 5/13/2025



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INTEGRITY

Sian

Camp Participant

Date: May 8, 2025



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Sign Camp Participant

Date: 05/09/2025



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Sign
Camp Participant
Esli Rico
Date: 6/11/25



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Sign Camp Participant

Hector Salazar

Date: 4/28/2025



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| Sign Camp Participant | | Jong | Yang | |

Date: 05 07 12025



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Sign

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Date:

Kathu Y-

Henry's mother

Kalby Yee



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Sign

Camp Participant

Date: 05/07/25

California Northstate University College of Medicine 9700 West Taron Drive • Elk Grove, California 95757 • Phone: 916-686-7300 • FAX: 916-686-7310



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Isabella Wan

Sign Camp Participant

Date: 5/6/25

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X Jonuthun O. Arauz Sign Camp Participant

Date: 5/9/2025



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Camp Participant Doris Huang signing for Kalissa Huang

Date: 05/01/2025



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Sign Camp Participant

Date: 05/06/2



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X Luis A Mogollon

Sign
Camp Participant

Raquel E Aldana, Parent
May 23, 2025



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Camp Participant

Date:



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X Mullium
Sign
Camp Participant
Date: 5/4/2025



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INTEGRITY

Camp Participant

Date: 5/3/25



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Camp Participant

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X ACCOMPANIES Sign Camp Participant

Date: 4/26/25



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Sign

Camp Participant

5/9/25

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EDICINE

Sian

Camp Participant

Date: 5/8/2025

MUNICAL



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HARPREET SINGH

- FOR NIHAAL SINGH)

(FATHER)



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Sian

Camp Participant

Date:



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Najiba Koshan
Sign
Camp Participant
Qulsoom Koshan

Date: 5-25-25



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X RG
Sign
Camp Participant
Date: 05/03/2025



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EXCELLENCE

| X | Ryan Ma | |
|-------------------|-------------|--|
| Sign Participa | Camp ant | |
| Date: | 5/2/2024 | |



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Sian

Camp Participant

Date: 04/26/2025



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Sign Camp Participant

Date: 4/25/2025



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| Sign Camp Participant | Parent Signature: |
|-----------------------|-------------------|
| Date:5/3/25 | |



I hereby grant to California Northstate University College of Medicine and its agents and assigns the unlimited right to use my name and images and recordings of me in any format or medium chosen by California Northstate University College of Medicine for any purpose whatsoever in the sole discretion of the College, including but not by way of limitation for purposes of announcing and publicizing the College, its programs, and its affiliates. I hereby consent to the production and distribution of all such information, recordings, and images by publication, broadcast, and any other means of distribution.

I hereby agree that I neither have nor shall have any right of approval, claim for compensation, or any other claim against California Northstate University College of Medicine, its agents, or its assigns for any claim arising out of the use of my information, recordings, and/or images described in this Media Consent Form. I hereby further agree to indemnify and hold harmless California Northstate University College of Medicine and its employees, agents, and assigns for any and all damages, judgments, expenses, and costs, including but not limited to court costs and attorneys' fees, for any claim asserted by a third party as a result of my assignment or other transfer to such third party of the rights I am granting in this Media Consent Form.

I understand and acknowledge that California Northstate University College of Medicine may not be able to control how news media organizations and others may use, publish, and distribute information about me once it has been released; notwithstanding this understanding I nevertheless grant to California Northstate University College of Medicine the rights described herein.

Sign
Camp Participant

Date: _5/6/25



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Sign Camp Participant

Date: 4/30/25



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Sign

Camp Participant

Date:



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Sign
Camp Participant

Date: 4/27/25



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X zerror Sign Camp Participant

Date: 06/27/2025

Shira Diallo

Sienna Benton

From: Katelynne Elisabeth Au

Sent: Sunday, July 27, 2025 11:13 AM

To: Sienna Benton; Eliette Seo; Emily Gokun

Cc: Seseragi Yasumaru

Subject: Re: Advance in Medicine Summer Camp: Photos

Hi Sienna,

I've linked all the signed media release forms for the camp HERE. Please let us know if you need anything else.

Thank you!

Best, Katelynne



Katelynne Au

MD Student at CNU College of Medicine

Class of 2028

Email: katelynneelisabeth.au11668@cnsu.edu LinkedIn: www.linkedin.com/in/katelynneau

From: Sienna Benton <Sienna.benton@cnsu.edu>

Sent: Friday, July 25, 2025 4:30 PM

To: Katelynne Elisabeth Au <KatelynneElisabeth.Au11668@cnsu.edu>; Eliette Seo <Eliette.Seo11687@cnsu.edu>; Emily

Gokun < Emily.gokun@cnsu.edu>

Cc: Seseragi Yasumaru < Seseragi. Yasumaru 12194@cnsu.edu > Subject: RE: Advance in Medicine Summer Camp: Photos

Thank you so much. Yes if we could have the signed versions for at least the students featured in the dropbox album photos then we can confirm with the university lawyers that we have the signed copies so we have permission to publish

Thank you, thank you!

Very Respectfully,

Sienna Benton Accreditation & Media Specialist California Northstate University-College of Medicine 9700 West Taron Drive Elk Grove, CA 95757

Office: 916.686.3509

From: Katelynne Elisabeth Au <Katelynne Elisabeth.Au11668@cnsu.edu>

Sent: Friday, July 25, 2025 4:07 PM

To: Sienna Benton <Sienna.benton@cnsu.edu>; Eliette Seo <Eliette.Seo11687@cnsu.edu>; Emily Gokun

<Emily.gokun@cnsu.edu>

<KatelynneElisabeth.Au11668@cnsu.edu>

Subject: RE: Advance in Medicine Summer Camp: Photos

That's fantastic!

Great I'm so glad everyone has their written consent as that saves a lot of time Yes, the end of this week works great! The camp looked like such a blast. Well done to all of you!

Very Respectfully,

Sienna Benton
Accreditation & Media Specialist
California Northstate University-College of Medicine
9700 West Taron Drive
Elk Grove, CA 95757
Office: 916.686.3509

From: Eliette Seo <Eliette.Seo11687@cnsu.edu>

Sent: Monday, July 21, 2025 10:27 AM

To: Sienna Benton <<u>Sienna.benton@cnsu.edu</u>>; Emily Gokun <<u>Emily.gokun@cnsu.edu</u>> Cc: Seseragi Yasumaru <<u>Seseragi.Yasumaru12194@cnsu.edu</u>>; Katelynne Elisabeth Au

<KatelynneElisabeth.Au11668@cnsu.edu>

Subject: Re: Advance in Medicine Summer Camp: Photos

Good morning Sienna and Emily,

Yes, we would love for you to feature the summer camp! All camp attendees and volunteers signed media consent waivers that were approved by our legal team as well. Is there a specific deadline for the article you mentioned? We should be able to get it to you by the end of this week if that works for your schedule. Thank you!

Kind regards, Eliette Seo



Eliette Seo, BS

MD Student at CNU College of Medicine Class of 2028

Phone: (925)-519-6227

Email: Eliette.seo11687@cnsu.edu

From: Sienna Benton <Sienna.benton@cnsu.edu>

Sent: Monday, July 21, 2025 10:18 AM

To: Katelynne Elisabeth Au < Katelynne Elisabeth. Au 11668@cnsu.edu >; Seseragi Yasumaru

<Seseragi.Yasumaru12194@cnsu.edu>

Cc: Eliette Seo < Eliette.Seo11687@cnsu.edu >; Emily Gokun < Emily.gokun@cnsu.edu >

Subject: RE: Advance in Medicine Summer Camp: Photos

You are very welcome!

With your permission I'd love to feature the summer camp in the CNUCOM newsletter, magazine, and social media. Being I was photographing two events at the same time I wasn't able to capture all the highlights, but I'd love if you could help me write up a 500-1,000 word article about how the camp went?

Video Clips:

https://we.tl/t-hxv1akorPS

Photos 1

https://we.tl/t-8haDmW2To2

Photos 2

https://we.tl/t-DJCOqHfrl2

Photos 3

https://limewire.com/d/hDlyT#oEpXvZqdoR

Very Respectfully,

Sienna Benton Accreditation & Media Specialist California Northstate University-College of Medicine 9700 West Taron Drive Elk Grove, CA 95757 Office: 916.686.3509

From: Seseragi Yasumaru <Seseragi.Yasumaru12194@cnsu.edu>

Sent: Friday, July 18, 2025 8:26 AM

To: Sienna Benton <Sienna.benton@cnsu.edu>

Cc: Eliette Seo <Eliette.Seo11687@cnsu.edu>; Katelynne Elisabeth Au <Katelynne Elisabeth.Au11668@cnsu.edu>

Subject: Advance in Medicine Summer Camp: Photos

Good Morning Sienna,

Happy Friday! My name is Ses Yasumaru, and I am one of the co-directors for the Advance in Medicine Summer Camp alongside Katelynne Au and Eliette Seo. It was very nice meeting you on Wednesday during our Faculty Mixer Lunch; thank you again for joining us!

We were wondering if you would be able to share the pictures you took on Wednesday with us. We would love to share your photos with our camp attendees at the end of the camp.

Please let me know if you have any questions. Thank you so much!

Best, Ses Yasumaru